



# COACH WILSON - ACTIVITY CALENDAR



## OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
SMALL GYM	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
TBD	INDOOR KICKBALL		FITNESS PINBALL	SCATTERBALL

## NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	BIG GYM
BASKETBALL DRILLS	BASKETBALL DRILLS/RULES OPEN SHOOTING		BASKETBALL GAMES	BASKETBALL GAMES
11	12	13	14	15
SMALL GYM	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
VOLLEYBALL DRILLS	VOLLEBALL DRILLS		VOLLEYBALL GAMES	VOLLEYBALL GAMES
18	19	20	21	22
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	BIG GYM
BASKETBALL GAMES	FLOOR HOCKEY DRILLS/RULES		FLOOR HOCKEY GAMES	FLOOR HOCKEY GAMES
25	26	27	28	29
SMALL GYM	SMALL GYM	<b>NO SCHOOL THANKSGIVING RECESS</b>		
CRAB SOCCER	PACER TEST			

## DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>NO SCHOOL Prof. Development</b>	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
	SCATTERBALL		VOLLEYBALL GAMES	INDOOR KICKBALL
9	10	11	12	13
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	BIG GYM
TCHOUKBALL DRILLS/RULES	TCHOUKBALL GAMES		TCHOUKBALL GAMES	FREEZEBALL
16	17	18	19	20
SMALL GYM	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
FITNESS PINBALL	FRISBEE HOTBOX		VOLLEYBALL GAMES	PRE-VACATION OPEN GYM

## JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
SMALL GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	BIG GYM
PICKLEBALL INTRO/RULES	PICKLEBALL GAMES		PICKLEBALL GAMES	PICKLEBALL GAMES
13	14	15	16	17
SMALL GYM	SMALL GYM	TURN LOCKS IN / CLEAN OUT LOCKER	END OF TERM OPEN GYM	<b>NO SCHOOL Teacher Workday</b>
CRAB SOCCER	PACER TEST			

*Activities take place after daily strength, stretching and cardio exercises are completed.*



